

Lunch week 1

All of our main meals are served with vegetables or salad & potatoes or rice.

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL £2.65	BEEF MEATBALLS SERVED WITH PENNE PASTA & GARLIC BREAD	CHICKEN ENCHILADAS TOPPED WITH CHEESE & SERVED WITH SOUR CREAM	LEMON & HERB ROASTED CHICKEN SERVED WITH ROAST POTATOES & GRAVY	CHICKEN CURRY SERVED WITH PILAU RICE	BATTERED FISH & CHIPS WITH PEAS & TARTAR SAUCE
PLANT BASED / VEGETARIAN £2.65	BROCCOLI & COURGETTE FRITATA	QUORN CHILLI BURRITO SERVED WITH SALSA & SOUR CREAM	POTATO & CHICKPEA CURRY SERVED WITH PILAU RICE	BROCCOLI PASTA BAKE	CHEESE & TOMATO QUICHE
STREET FOOD £2.65	SWEET CHILLI CHICKEN & NOODLES	MARGARITA & PEPERONI PIZZA	CAJUN CHICKEN GOUJONS WITH POTATO WEDGES	MARGARITA & PEPERONI PIZZA	LOADED BEEFBURGER WITH A CHOICE OF CHILLI, MUSTARD & ONIONS
	BEEF CHILLI & RICE	MAC 'N' CHEESE	CHICKEN ALFREDO	SPAGHETTI BOLOGNAISE	VEGETABLE CHILLI NOODLES
	PENNE ARRABIATA	ONION BHAJI WITH MINT SAUCE	SPAGHETTI POMODORO	MAC 'N' CHEESE	PATATAS BRAVAS
SALAD BAR PROTEIN £2.65	VEGETABLE QUICHE (V)	BOILED EGG (V)	CHEESE POT (V)	BOILED EGG (V)	CHEESE POT (V)
	SLICED HAM	CORONATION CHICKEN	TUNA MAYONNAISE	BBQ CHICKEN	SLICED HAM
JACKETS £2.65	WITH 2 FILLINGS OF YOUR CHOICE				
DESSERTS £0.95	HOT BANANA CAKE & CHOCOLATE SAUCE	KEY LIME PIE	PEACH & APPLE CRUMBE & CUSTARD	CARROT CAKE	SELECTION OF TRAYBAKES

Meal Deal

Main meal
with vegetables
and dessert



+



+



£2.85

All of our main meals, sand-
wiches & desserts are freshly
made on site every day

Lunch week 2

All of our main meals are served with seasonal vegetables or salad & potatoes or rice.

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL £2.65	SPAGHETTI BOLOGNAISE SERVED WITH GARLIC BREAD	COTTAGE PIE	CHINESE STIR FRY STATION	CHICKEN KORMA SERVED WITH RICE AND NAAN	BATTERED FISH & CHIPS WITH PEAS & TARTAR SAUCE
PLANT BASED / VEGETARIAN £2.65	VEGGI SAUSAGE CASSOULET	ROASTED VEGETABLE PASTA BAKE SERVED WITH GARLIC BREAD	MUSHROOM GALLETTE	VEGETABLE MASALA CURRY SERVED WITH RICE AND NAAN	VEGETABLE & BEAN PIE
STREET FOOD £2.65	MARGARITTA PIZZA BBQ CHICKEN PIZZA	CAJUN CHICKEN BURGER WITH ASIAN SLAW	MARGARITTA PIZZA HAWAIIAN PIZZA	VIETNAMESE CHICKEN BAHN MI	PEPPER & TOMATO TORTILLA SERVED WITH MIXED SALAD
	MAC 'N'CHEESE	THAI STYLE VEGETABLE NOODLES	CHICKEN PASTA	CHICKEN BURRITO & WEDGES	JERK CHICKEN WITH RICE & PEAS
	CHINESE CHICKEN & RICE	PIRI PIRI CHICKEN & SPICED WEDGES	POTATO & LENTIL CURRY & RICE	BROCCOLI MAC 'N' CHEESE	MEATBALLS & PASTA IN TOMATO SAUCE
SALAD BAR PROTEIN £2.65	VEGETABLE QUICHE (V)	BOILED EGG (V)	CHEESE POT (V)	BOILED EGG (V)	CHEESE POT (V)
	SLICED HAM	CORONATION CHICKEN	TUNA MAYONNAISE	BBQ CHICKEN	SLICED HAM
JACKETS £2.65	WITH 2 FILLINGS OF YOUR CHOICE				
DESSERTS £0.95	APPLE CRUMBE & CUSTARD	JAM & COCONUT SPONGE & CUSTARD	BAKEWELL TART & CUSTARD	TOFFEE APPLE CAKE & CUSTARD	EVES PUDDING & CUSTARD

Meal Deal

Main meal with vegetables and dessert



+



+



£2.85

All of our main meals, sandwiches & desserts are freshly made on site every day

Lunch week 3

All of our main meals are served with vegetables or salad & potatoes or rice.

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL £2.65	CARIBBEAN CHICKEN THIGH BURGER SERVED WITH CARIBBEAN SLAW	CHILLI CON CARNI SERVED WITH BOILED RICE	ROAST TURKEY SERVED WITH ROAST POTATOES & GRAVY	RED THAI CHICKEN CURRY SERVED WITH PLAIN RICE	BATTERED FISH & CHIPS WITH PEAS & TARTAR SAUCE
PLANT BASED / VEGETARIAN £2.65	VEGATABLE LASAGNE SERVED WITH GARLIC BREAD	BROCCOLI QUICHE	VEGETABLE WELLINGTON	SWEET POTATO KATSU CURRY SERVVD WITH PLAIN RICE	CHICKPEA & VEGATABLE BIRYANI
STREET FOOD £2.65	PIRIR PIRI CHICKEN WITH WEDGES	SHANGHAI CHICKEN STIR FRY & EGG FRIED RICE	CHICKEN ENCHILADA SERVED WITH CAJUN WEDGES	BEEFBURGER WITH OR WITHOUT CHEESE WITH POTATOES	FISH FINGER BUTTY & POTATOES
	THAI GREEN CHICKEN CURRY & RICE	CHICKEN MEATBALLS & PASTA IN TOMATO SAUCE	STIR FRIED VEGETABLE NOODLES	BROCCOLI MAC 'N' CHEESE	KATHI ROLL
	MARGHARITA PIZZA BBQ CHICKEN PIZZA	ROASTED VEGETABLE PASTA BAKE	MARGHARITA PIZZA BBQ CHICKEN PIZZA	CHURRASCO CHICKEN WITH RICE & PEAS	SWEET & SOUR CHICKEN & RICE
SALAD BAR PROTEIN £2.65	VEGETABLE QUICHE (V)	BOILED EGG (V)	CHEESE POT (V)	BOILED EGG (V)	CHEESE POT (V)
	SLICED HAM	CORONATION CHICKEN	TUNA MAYONNAISE	BBQ CHICKEN	SLICED HAM
JACKETS £2.65	WITH 2 FILLINGS OF YOUR CHOICE				
DESSERTS £0.95	FRUIT PIE & CUSTARD	SYRUP SPONGE & CUSTARD	CHOCOLATE SPONGE & CUSTARD	BANOFFEE PIE	PINEAPPLE UPSIDE DOWN CAKE & CUSTARD

Meal Deal

Main meal with vegetables and dessert



£2.85

All of our main meals, sandwiches & desserts are freshly made on site every day